

New CPCE Exam Objectives - 100% Updated Questions Pool

CPCE PRACTICE TEST EXAM with Questions And 100% Correct Answers 2024

The NBCC Code of Ethics and Ethical Standards of the American Counseling Association (ACA) do not include a statement reflecting the principle that

A) counselors have a right to protect clients from themselves if the clients give evidence of being self-injurious.

B) revelation of a counselor's notes on a client should not be made to other professional unless the client has provided written permission to do so or the information has been subpoenaed by a court of law.

C) counselors should receive appropriate fees for services rendered regardless of the situations or settings in which the services were rendered.

D) improvement of the profession through a variety of professional involvements is a responsibility of all counselors. - Answer CORRECT ANSWER: C) counselors should receive appropriate fees for services rendered regardless of the situations or settings in which the services were rendered.

The state in which you reside does not yet have counselor licensure, so a local civic club has asked you to address their members by presenting an overview of counselor licensure and its benefits to the public. In your presentation to the group you note that

A) licensure automatically entitles counselors to receive third-party payments from insurance companies.

B) some professional groups (e.g., psychologists) have opposed counselor licensure although the need for mental health services for the public has increased steadily.

C) state-level counselor licensure laws have existed for over 40 years although it is only recently that a majority of the states have counselor licensure laws.

D) one of the ways that counselor licensure laws protect the public's general welfare is through restriction of the use of the term "counselor" to those persons who have graduated from counselor education programs. - Answer CORRECT ANSWER: B) some professional groups (e.g., psychologists) have opposed counselor licensure although the need for mental health services for the public has increased steadily.

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CCE Global Counselor Preparation Comprehensive Examination (CPCE) Sample Questions (Q143-Q148):

NEW QUESTION # 143

Which of the following skills would enable a group leader to deal most effectively with group member behaviors of storytelling or gossiping?

- **A. blocking**
- B. reality testing
- C. linking

Answer: A

Explanation:

Blocking is the group leadership skill used to intervene when group members engage in unproductive behaviors, such as storytelling, gossiping, or monopolizing. The leader tactfully stops these behaviors to maintain group focus and safety. "Blocking is the deliberate intervention by the group leader to halt behaviors that are counterproductive or potentially harmful, including gossiping and storytelling." Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Corey, G. (2016). Theory and Practice of Group Counseling (9th Edition).

NEW QUESTION # 144

The belief that a test can obtain psychological information about a person, without the person knowing the information is being obtained, gives rise to the ethical consideration known as

- A. misappropriation.
- B. breach of confidentiality.
- **C. invasion of privacy.**

Answer: C

Explanation:

When an assessment or test gathers psychological information about an individual without their knowledge or informed consent, it raises the ethical issue of invasion of privacy. This consideration requires professionals to ensure that individuals are aware of and have agreed to the assessment process.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; American Counseling Association (ACA) Code of Ethics.

NEW QUESTION # 145

Prejudicial behavior stems primarily from three psychological elements, including psychological defense mechanisms, authoritarian personality traits, and

- A. social conditions.
- B. egocentric dualism.
- **C. learned cognitive distortions.**

Answer: C

Explanation:

Learned cognitive distortions are faulty or biased ways of thinking, often acquired through socialization, that contribute to prejudicial attitudes and behaviors. Along with psychological defense mechanisms and authoritarian personality traits, these learned ways of processing information play a significant role in the development and maintenance of prejudice. "Prejudicial behavior is maintained through defense mechanisms, certain personality traits, and learned cognitive distortions acquired through family, culture, or experience." Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Gladding, S. T. (2018). Counseling: A Comprehensive Profession (8th Edition).

NEW QUESTION # 146

Lucy, a preschooler, learns through play. She likes to build puzzles and cook with her mother. According to the psychosocial stages of development, Lucy is in which stage?

- A. identity vs. role confusion
- B. trust vs. mistrust
- C. initiative vs. guilt

Answer: C

Explanation:

According to Erik Erikson's psychosocial stages of development, the initiative vs. guilt stage occurs during the preschool years (ages 3-6). During this stage, children assert themselves more frequently through directing play and other social interaction. Learning through play, exploration, and engaging in activities such as building puzzles or cooking fits this stage. Children develop initiative when encouraged and supported in their efforts; if not, they may develop guilt over their needs and desires.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Gladding, S. T. (2018). Counseling: A Comprehensive Profession (8th Edition).

NEW QUESTION # 147

The term social age refers to

- A. the mean age of an individual's comparative group in a social context.
- B. a society's level of maturity compared with other cultures.
- C. the social roles and expectations related to an individual's age.

Answer: C

Explanation:

Social age refers to the social roles and expectations assigned to individuals based on their age. For example, society expects certain behaviors or achievements at certain ages, such as starting school, marrying, or retiring. It is one of several ways of conceptualizing age, alongside chronological, biological, and psychological age.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Santrock, J. W. (2018). Life-Span Development.

NEW QUESTION # 148

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Counselor Preparation Comprehensive Examination (CPCE) Updated

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