

Online EMT Bootcamps - EMT Latest Exam Question

Exam EMT Study Guide Chapter 1

1). Which of the following refers to a program process for evaluating and improving the effectiveness of an EMS system?

- A)total quality system.
- B) Quality improvement.
- C) process improvement plan (PIP).
- D) System effectiveness management. - correct answer B). Quality Improvement

2). In 1966 the National Highway Safety Act charged which of the following agencies with the development of emergency medical service standards?

- A) U.S. Department of the Interior.
- B) U.S. Department of Homeland Security.
- C) U.S. Department of Transportation.
- D) U.S. Department of Health Services. - correct answer C). U.S. Department of Transportation

3). Which of the following agencies is responsible for establishing EMS system assessment programs?

- A) National transportation safety Board.
- B) National Highway traffic safety administration.
- C) department of health and human services.
- D) United states health services agency. - correct answer B). National highway traffic safety administration

4) which of the following is the most common gateway for hospital services for patients who need emergency medical assistance?

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NREMT Emergency Medical Technicians Exam Sample Questions (Q22-Q27):

NEW QUESTION # 22

An EMT is using a BVM to ventilate a 28-year-old patient with asthma. The patient is unresponsive, and their vital signs are BP 70/40, P 142, R 8, and SpO₂ 89% on room air. The patient is becoming increasingly difficult to ventilate. What should the EMT do next?

- A. Decrease the rate of ventilations
- B. Ventilate the patient more forcefully
- C. Apply high-flow oxygen via non-rebreather mask
- D. Place the patient on CPAP

Answer: A

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

In patients with asthma experiencing respiratory failure, improper ventilation (especially excessive rates) can lead to air trapping and increased intrathoracic pressure, reducing venous return and worsening hypotension.

The correct technique is to ventilate slowly to allow full exhalation - around 1 breath every 5-6 seconds for adults.

CPAP is contraindicated in unresponsive patients who cannot maintain their own airway. A non-rebreather mask would be insufficient for an unresponsive patient, and forceful ventilation risks barotrauma.

References:

NREMT EMT Psychomotor Exam Guide: Airway, Respiration & Ventilation

American Heart Association (AHA) BLS Provider Manual (2020)

National EMS Education Standards (2011) - Airway Management Section

NEW QUESTION # 23

A 42-year-old male states, "I can't breathe" after being shot in his upper thigh. Bystanders have applied direct pressure to his thigh and the bleeding is controlled. You should first

- A. Administer oxygen
- B. Assess for other life-threatening injuries
- C. Apply a tourniquet
- D. Replace the bystander's dressing with sterile gauze

Answer: A

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

The patient's complaint of difficulty breathing is an airway/breathing issue and takes precedence over a controlled extremity bleed. The first action is to administer oxygen and evaluate respiratory effort.

Though reassessing the wound is important, oxygenation is the priority when airway compromise or respiratory distress is present. Tourniquets are for uncontrolled bleeding, which is not the case here.

References:

NREMT Trauma Assessment Guidelines

National EMS Education Standards - Primary Assessment Priorities

Brady Emergency Care (13th ed.) - Chapter: Patient Assessment

NEW QUESTION # 24

A 26-year-old patient has an altered mental status. Family advises that the patient has diabetes. The patient's skin is pale, cool, and clammy. What, if anything, can the EMT infer about the patient's glucose level based on the patient's presentation?

- A. The patient's blood sugar is most likely normal.
- B. The patient's blood sugar cannot be inferred.
- C. The patient's blood sugar is most likely high.
- D. The patient's blood sugar is most likely low.

Answer: D

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Altered mental status, combined with pale, cool, and clammy skin, is strongly suggestive of hypoglycemia (low blood sugar).

Hypoglycemia is especially dangerous in diabetics who take insulin or oral hypoglycemics.

The body's adrenergic response causes the "cool and clammy" presentation.

Hyperglycemia typically presents with warm, dry skin and develops more slowly. EMTs should administer oral glucose if the patient can swallow.

References:

NREMT Medical Guidelines - Endocrine Emergencies

AAOS EMT Textbook (11th ed.), Chapter: Endocrine and Metabolic Emergencies National EMS Education Standards - Diabetic Emergencies

NEW QUESTION # 25

A program whose efforts are to limit the effects of an injury or illness that you cannot completely prevent is called

- A. Primary prevention
- B. Reactive prevention
- C. Proactive prevention
- D. Secondary prevention

Answer: D

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Secondary prevention focuses on early detection and intervention to reduce the severity or impact of an illness or injury that has already occurred or is inevitable. Examples in EMS include:

- * AED deployment in public
- * Stroke recognition training
- * Early CPR

Primary prevention aims to stop the injury from occurring at all (e.g., vaccination, seatbelts). "Reactive" and "proactive" are not recognized formal categories in EMS public health strategy.

References:

NREMT Public Health and EMS Prevention Models

CDC Injury Prevention Framework

EMS Agenda for the Future - Preventive and Community-Based EMS Care

NEW QUESTION # 26

Which of the following actions are appropriate management for two-rescuer pediatric basic life support? Select the three correct options.

- A. Compress the chest one-half the diameter of the chest
- B. Use the two-thumb-encircling-hands technique for infants
- C. Compress at a rate of 180 per minute
- D. Perform rescue breathing at a rate of 20 per minute
- E. Start CPR if the pulse rate is 72
- F. Perform compressions at a ratio of 15:2

Answer: A,B,F

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

For pediatric BLS with two rescuers, current AHA Guidelines (2020) recommend:

- * Two-thumb encircling hands technique: Most effective for infants; provides consistent depth and control.
- * Compression ratio of 15:2: Enhances ventilation without compromising perfusion.
- * Compression depth: 1/3 of chest or approximately one-half the chest's depth.

CPR begins if pulse <60 bpm with signs of poor perfusion, not at 72 bpm. Rate of 80/min is excessive; ideal rate is 100-120/min.

References:

AHA BLS Provider Manual (2020) - Pediatric BLS Section

NREMT Cardiology & Resuscitation Module

Pediatric Advanced Life Support (PALS) Guidelines

NEW QUESTION # 27

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