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What is the function of the brain stem?

The brain stem is the lower part of the brain that's connected to the spinal cord (part of the central nervous system in the spinal column). The brain stem is responsible for regulating most of the body's automatic functions that are essential for life. These include: breathing.

What is the reticular activating system?

a diffuse network of nerve pathways in the brainstem connecting the spinal cord, cerebrum, and cerebellum, and mediating the overall level of consciousness.

What is the function of the hypothalamus?

regulates function of body, balance, thermoregulation, maintains homeostasis, releases hormones

What is the function of the cerebellum?

Balance and coordination

The role of neurotransmitters in the central nervous system is to function as

A communication medium

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Postpartum Support International Perinatal Mental Health Certification Sample Questions (Q75-Q80):

NEW QUESTION # 75

3. Parents can facilitate the adjustment of their other children to a new baby by:

- A. having the children choose or make a gift to give to the new baby on its arrival home.
- B. emphasizing activities that keep the new baby and other children together.
- C. reducing stress on other children by limiting their involvement in the care of the new baby.
- D. having the mother carry the new baby into the home so she can show him or her to the other children.

Answer: A

NEW QUESTION # 76

42. Which of the following collaborative care models focuses on adjusting the treatment intensity to the severity and presentation of postpartum depression?

- A. Screen and refer
- B. Motivational interviewing
- C. Stepped care
- D. Integrative care

Answer: C

NEW QUESTION # 77

53. Case Study Question

You are a perinatal therapist in a community-based private practice. Jackie comes to see you early in the second trimester of her pregnancy after screening at-risk for depression on a routine mood screen in her obstetrician's office. When you assess her, she meets diagnostic criteria for depression. She has a history of depression that has responded well to selective serotonin reuptake inhibitors (SSRIs) in the past. She does not want to take medication now, though, because she says she does not want to do anything that might harm her baby. She says she recently heard a radio news story describing a research study that found "high risks of birth defects" among babies whose mothers took SSRIs while they were pregnant.

Question: You are not familiar with the study Jackie mentioned, so you later locate the article online and read it. Which of the following would increase your confidence that the study's claim of "high risks of birth defects" among babies whose mothers took antidepressants while they were pregnant is valid?

- A. Exposure to medication was measured on the basis of whether the mother was prescribed antidepressants during her pregnancy according to her medical record.
- B. The study examined 100 different possible birth defects and found an increased risk of one of these birth defects among babies whose mothers took antidepressants during pregnancy.
- C. Risk of a particular birth defect was doubled -2:10,000 among babies in the study whose mothers took antidepressants during pregnancy vs 1:10,000 among babies whose mothers did not take antidepressants during pregnancy
- D. The study used a case-controlled design to control for maternal age, race, socioeconomic status, medical comorbidities, gravidity and parity.

Answer: C

NEW QUESTION # 78

48. Which of the following statements BEST defines bibliotherapy as a form of treatment for perinatal depression?

- A. Using structured books for guided self-help
- B. Reading fictionalized accounts of perinatal depression in support groups
- C. Using selected passages from the Bible for spiritual support
- D. Reading books as a distraction from depressing thoughts

Answer: A

NEW QUESTION # 79

87. A common FIRST symptom of postpartum psychosis is:

- A. increased startle response
- B. compulsions.
- **C. insomnia without fatigue**
- D. ego-dystonic intrusive thoughts

Answer: C

NEW QUESTION # 80

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