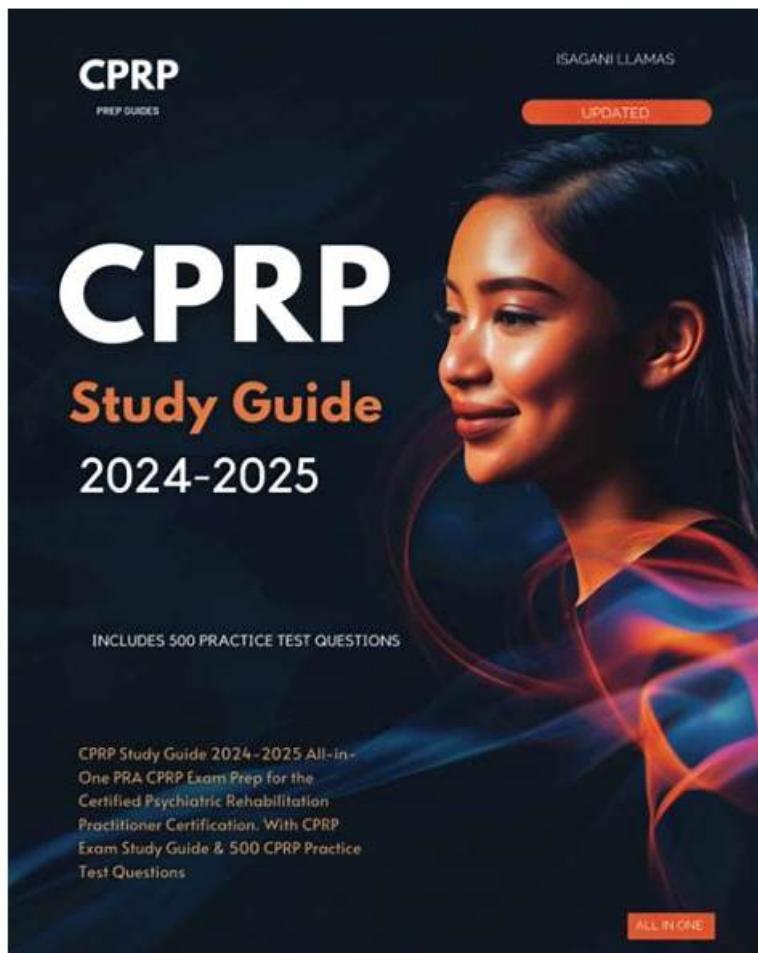


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Psychiatric Rehabilitation Association CPRP Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none">Systems Competencies: This section evaluates the competencies of Rehabilitation Counselors and focuses on understanding how service systems operate within the broader mental health and social service environments. It covers collaboration with agencies, policy awareness, advocacy, and navigating service delivery systems to ensure coordinated care.
Topic 2	<ul style="list-style-type: none">Assessment, Planning, and Outcomes: This section assesses the abilities of Rehabilitation Counselors and focuses on evaluating individual strengths, needs, and preferences. It includes setting recovery-oriented goals, developing personalized plans, tracking progress, and using outcome measures to guide and adjust interventions effectively.

Topic 3	<ul style="list-style-type: none"> • Professional Role Competencies: This section evaluates the abilities of Rehabilitation Counselors and emphasizes professionalism, ethics, and accountability in practice. It addresses maintaining confidentiality, applying rehabilitation principles, collaborating with multidisciplinary teams, and demonstrating cultural competence and self-awareness.
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Psychiatric Rehabilitation Association Certified Psychiatric Rehabilitation Practitioner Sample Questions (Q52-Q57):

NEW QUESTION # 52

A consumer-provider meets with a new referral and finds she knows the person from church. If she decides to provide services to this referral, this would be an example of a:

- A. Conflict of interest.
- B. Boundary issue.
- C. Transference issue.
- **D. Dual relationship.**

Answer: D

Explanation:

This question pertains to Domain II: Professional Role Competencies, which focuses on maintaining professional ethics and boundaries, particularly in managing dual relationships. The CPRP Exam Blueprint and PRA Code of Ethics define a dual relationship as "a situation where a practitioner has a pre-existing personal or professional relationship with a client outside the therapeutic context, such as knowing them from a community setting like church." The scenario involves a consumer-provider (a peer provider) knowing a referral from church, creating a dual relationship if services are provided.

* Option D: Providing services to someone known from church constitutes a dual relationship, as the consumer-provider has both a professional (service provider) and personal (church acquaintance) relationship with the individual. This situation requires careful ethical management to avoid boundary violations, per PRA guidelines.

* Option A: Transference involves unconscious feelings projected onto the provider, not a pre-existing relationship, making it irrelevant here.

* Option B: A conflict of interest involves competing interests (e.g., financial gain), not a personal acquaintance from a community setting.

* Option C: A boundary issue may arise from a dual relationship but is a consequence, not the definition of the situation itself.

Extract from CPRP Exam Blueprint (Domain II: Professional Role Competencies):

"Tasks include: 1. Identifying and managing dual relationships to maintain professional boundaries and ethical practice."

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Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 3 - Professional Role Competencies.

PRA Code of Ethics (2019). Defines dual relationships and ethical management.

NEW QUESTION # 53

What statement is the best example of an objective that is measurable and addresses observable behavior? The individual will:

- A. Increase medication compliance to 100%.
- B. Increase use of social skills related to living environments.
- **C. Arrive to work on time four out of five days per week.**

- D. Learn to seek help more often within the next six to eight weeks.

Answer: C

Explanation:

This question aligns with Domain IV: Assessment, Planning, and Outcomes, which focuses on developing measurable, observable objectives in rehabilitation plans. The CPRP Exam Blueprint emphasizes that objectives should be "specific, measurable, achievable, relevant, and time-bound (SMART), with a focus on observable behaviors to track progress." The question tests the ability to identify an objective that is both measurable and tied to observable actions.

* Option B: "Arrive to work on time four out of five days per week" is specific, measurable (four out of five days), observable (on-time arrival), and time-bound (weekly). It meets SMART criteria and allows clear tracking of progress, making it the best example.

* Option A: "Increase medication compliance to 100%" is measurable but lacks specificity (e.g., timeframe or method of measurement) and may not be fully observable without detailed monitoring, making it less precise than Option B.

* Option C: "Increase use of social skills related to living environments" is vague, as "social skills" and "increase" are not clearly defined or measurable, and the behavior is not easily observable without specific criteria.

* Option D: "Learn to seek help more often within the next six to eight weeks" is not sufficiently measurable (e.g., what constitutes "more often?") and lacks clarity in observing the behavior, making it less effective as an objective.

Extract from CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes):

"Tasks include: 4. Developing rehabilitation objectives that are specific, measurable, achievable, relevant, and time-bound. 5. Focusing on observable behaviors to evaluate progress toward objectives."

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Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 5 - Assessment, Planning, and Outcomes.

Farkas, M., & Anthony, W. A. (2010). Psychiatric Rehabilitation Interventions: A Review. International Review of Psychiatry (emphasizes SMART objectives).

NEW QUESTION # 54

An individual who has been using illegal substances for many years is referred to a supportive housing program. The program manager's FIRST step should be to

- A. request a clean drug screen prior to admittance.
- B. request compliance with outpatient counseling.
- C. refer to inpatient substance abuse treatment program.
- D. admit the individual while providing harm reduction.

Answer: D

Explanation:

Supportive housing programs aim to provide stable housing for individuals with complex needs, including substance use, while promoting community integration. The CPRP Exam Blueprint (Domain III: Community Integration) emphasizes harm reduction and person-centered approaches to support housing access for individuals with co-occurring disorders (Task III.A.1: "Support individuals in accessing and maintaining stable housing"). Option D (admit the individual while providing harm reduction) aligns with this, as it prioritizes housing stability-a critical recovery foundation-while addressing substance use through harm reduction strategies (e.g., education, safer use practices) rather than exclusionary conditions.

Option A (refer to inpatient treatment) delays housing access, which is a priority for stability. Option B (request a clean drug screen) is exclusionary and contradicts recovery-oriented, harm reduction principles.

Option C (request outpatient counseling compliance) imposes conditions that may deter engagement and are not the first step. The PRA Study Guide and SAMHSA guidelines on housing for co-occurring disorders emphasize harm reduction to ensure access, supporting Option D.

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CPRP Exam Blueprint (2014), Domain III: Community Integration, Task III.A.1.

PRA Study Guide (2024), Section on Harm Reduction and Supportive Housing.

CPRP Exam Preparation & Primer Online 2024, Module on Community Integration.

NEW QUESTION # 55

The parents of an individual visit the group home and complain to the practitioner that the home is a mess and insist that the staff should clean it. The practitioner:

- A. Explains to the parents that the residents are required to do their chores and that it is not the staff's responsibility.

- B. Acknowledges that the home might not be as clean as the parents would like and listens to their suggestions.
- C. Suggests to the parents that they speak to a supervisor.
- D. Advises the parents to explore alternative housing for their child.

Answer: B

Explanation:

This question aligns with Domain II: Professional Role Competencies, which focuses on professional ethics, boundaries, advocacy, and effective communication with stakeholders, including family members. The CPRP Exam Blueprint highlights that practitioners must "maintain professional boundaries while engaging with families and other stakeholders in a collaborative and respectful manner." The scenario involves a practitioner responding to parents' concerns about the cleanliness of a group home, requiring a response that balances professionalism, collaboration, and respect for the recovery-oriented environment.

- * Option A: Acknowledging the parents' concern and listening to their suggestions demonstrates professionalism, respect, and a collaborative approach. It opens a dialogue without deflecting responsibility or escalating the situation, aligning with the PRA's emphasis on engaging stakeholders respectfully. This response also maintains boundaries by not immediately deferring to a supervisor or dismissing the concern.
- * Option B: Suggesting the parents speak to a supervisor deflects responsibility and may be perceived as dismissive, failing to address the concern directly or collaboratively.
- * Option C: Advising alternative housing is an extreme response that does not address the parents' concern or promote collaboration. It also risks undermining the individual's recovery environment without justification.
- * Option D: Explaining that residents are responsible for chores, while factually correct in many recovery-oriented settings, may come across as defensive and dismissive of the parents' valid concern.

It does not foster collaboration or invite further discussion.

Extract from CPRP Exam Blueprint (Domain II: Professional Role Competencies):

"Tasks include: 1. Adhering to professional ethics and boundaries. 2. Engaging with families, caregivers, and other stakeholders in a collaborative manner. 3. Advocating for individuals while maintaining professionalism in all interactions."

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Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 3 - Professional Role Competencies.

PRA Code of Ethics (2019). Emphasizes respectful and collaborative engagement with stakeholders.

NEW QUESTION # 56

A readiness assessment includes exploration of a person's

- A. natural support system
- B. hopes and dreams.
- C. commitment to change.
- D. skills and resources.

Answer: C

Explanation:

Rehabilitation readiness assessment evaluates an individual's preparedness to engage in goal-setting and recovery activities, focusing on their motivation and mindset. The CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes) specifies that readiness assessment includes exploring the individual's commitment to change, as this reflects their willingness and motivation to pursue goals (Task IV.A.2: "Assess individual's stage of change and readiness for goal-setting"). Option B (commitment to change) aligns with this, as it involves assessing factors like hope, confidence, and alignment with the Stages of Change model (e.g., contemplation or preparation stages) to determine readiness for rehabilitation.

Option A (natural support system) is part of resource assessment, not readiness. Option C (skills and resources) relates to functional and resource assessments. Option D (hopes and dreams) informs goal-setting but is broader than the specific focus on commitment to change. The PRA Study Guide highlights commitment as central to readiness assessment, supporting Option B.

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CPRP Exam Blueprint (2014), Domain IV: Assessment, Planning, and Outcomes, Task IV.A.2.

PRA Study Guide (2024), Section on Rehabilitation Readiness Assessment.

CPRP Exam Preparation & Primer Online 2024, Module on Assessment, Planning, and Outcomes.

NEW QUESTION # 57

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