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NBRC PRACTICE EXAM 3 QUESTIONS WITH CORRECT ANSWERS 2023

While evaluating a postoperative patient for which incentive spirometry has been ordered, the RT obtains a VC of 6 mL/kg of body weight. The therapist should do which of the following?

- A. Recommend IPPB in place of incentive spirometry
- B. Start the treatment as ordered
- C. Measure the patient's tidal volume
- D. Recommend a bronchodilator - ANSWER- Recommend IPPB in place of incentive spirometry

A patient breathing 50% oxygen has a PaO₂ of 252 torr. Which of the following should the RT recommend?

- A. Discontinue oxygen therapy
- B. Decrease the oxygen to 30%
- C. Titrate oxygen to maintain an SpO₂ > 93%
- D. Repeat the blood gases since the PaO₂ is not possible on this FiO₂ - ANSWER- Titrate oxygen to maintain an SpO₂ > 93%

A severe COPD patient is on a 28% air entrainment mask and has a PaO₂ of 61 torr. Which of the following should the RT recommend at this time?

- A. Place on CPAP
- B. No changes are required at this time
- C. Increase to O₂ to 40%
- D. Place on a nonrebreathing mask - ANSWER- No changes are required at this time

Which of the following would be the most appropriate recommendation to help prevent postoperative atelectasis after a hypotensive patient's abdominal surgery?

- A. IPPB
- B. Incentive spirometry
- C. PEP
- D. CPAP - ANSWER- Incentive spirometry

A 27 week gestational age neonate with severe RDS is receiving high frequency oscillation ventilation (HFOV). The neonate has a heart rate of 150/min and a blood pressure of 66/42 mmHg. ABGs drawn thirty minutes after initiation of HFOV are recorded below.

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NBRC RPFT Certification Exam is designed for individuals who have a strong background in pulmonary function technology, which includes the measurement and interpretation of lung function tests, the assessment of patients with respiratory diseases, and the application of therapeutic interventions. RPFT exam consists of 160 multiple-choice questions that cover a wide range of topics, such as spirometry, lung volumes, diffusing capacity, exercise testing, and bronchoprovocation testing.

The National Board for Respiratory Care (NBRC) is a non-profit organization that is dedicated to providing respiratory care credentialing services to respiratory therapists and pulmonary function technologists. One of the key certifications offered by the NBRC is the Registry Examination for Advanced Pulmonary Function Technologists or RPFT. RPFT Exam is designed to evaluate the knowledge and skills of pulmonary function technologists who are seeking to advance their careers.

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NBRC Registry Examination for Advanced Pulmonary Function Technologists Sample Questions (Q91-Q96):

NEW QUESTION # 91

The following data are observed during an exercise test:

Resting	
Blood pressure	145/90 mm Hg
ECG	normal sinus rhythm
Symptoms	none
Stage II	
Blood pressure	135/90 mm Hg
ECG	2nd degree AV block type I
Symptoms	none

Which of the following should a pulmonary function technologist do?

- A. Continue the test until the patient reaches maximal tolerance.
- B. Continue the test until the patient is symptomatic.
- C. Discontinue the test and ensure patient safety.
- D. Discontinue the test after the next stage.

Answer: C

NEW QUESTION # 92

Which of the following may cause a reduction in end-tidal CO₂?

- A. Anxiety-induced hyperventilation
- B. Increased V_D/V_T ratio
- C. Exercise below the anaerobic threshold
- D. Eating a high-protein diet

Answer: A

NEW QUESTION # 93

During a bronchial provocation study, a patient has the following spirometric values after a 0.25 mg/mL dose of methacholine:

	Baseline	Observed
FVC (L)	5.0	4.9
FEV ₁ (L)	4.0	3.7
FEF _{max} (L/sec)	9.0	5.0

Based on these results, a pulmonary function technologist should

- A. Stop the test and immediately administer a bronchodilator.
- B. Reduce the concentration of methacholine on the next trial.
- C. Instruct the patient to blow out longer and repeat the effort.
- D. Instruct the patient to blow out harder and repeat the effort.

Answer: C

NEW QUESTION # 94

A treadmill belt stops for a fraction of a second each time the patient takes a step. A pulmonary function technologist should

- A. Tighten the belt.
- B. Increase the speed of the belt.
- C. Instruct the patient to use the hand rails.
- D. Decrease the treadmill grade.

Answer: A

NEW QUESTION # 95

After finishing the exercise portion of a test for exercise-induced bronchospasm, a patient complains of difficulty "catching her breath." A pulmonary function technologist should

- A. Have the patient perform an FVC maneuver.
- B. Instruct the patient to breathe normally.
- C. Administer oxygen at 2 L/min.
- **D. Give the patient a bronchodilator.**

Answer: D

NEW QUESTION # 96

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