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## AACN CCRN-Adult Exam Syllabus Topics:

| Topic   | Details  |
|---------|--|
| Topic 1 | <ul style="list-style-type: none"><li>• <b>CLINICAL JUDGMENT:</b> This section measures the skills of Critical Care Nurses and covers a wide range of medical conditions across various systems. It includes cardiovascular issues such as acute coronary syndrome, heart failure, and cardiomyopathies, demonstrating the need for in-depth knowledge in managing these critical conditions. The section also addresses respiratory emergencies like pulmonary embolism and ARDS, emphasizing the importance of understanding respiratory failure and chronic conditions.</li></ul> |

|         |  |
|---------|--|
| Topic 2 | <ul style="list-style-type: none"> <li>The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.</li> </ul>  |
| Topic 3 | <ul style="list-style-type: none"> <li>In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.</li> </ul>  |
| Topic 7 | <ul style="list-style-type: none"> <li>Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.</li> </ul> |

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## AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q431-Q436):

### NEW QUESTION # 431

A conscious and competent patient has refused a blood transfusion due to religious beliefs, but the patient's condition is deteriorating and is likely to result in death without intervention. What response by the healthcare team is BEST?

- A. Wait until the patient loses consciousness then apply the principle of implied consent and administer the transfusion
- B. Overrule the patient's decision due to their deteriorating condition
- C. Respect the patient's decision and withhold treatment**
- D. Obtain a court order to treat the patient against their will

**Answer: C**

Explanation:

The patient's right to autonomy must be upheld, even if the patient's beliefs conflict with what is in their best interests medically. Overruling the patient's decision due to their deteriorating condition is unethical and illegal; the patient has the right to make their own decisions. While court involvement may be appropriate if the decision is being made for an unemancipated minor by a guardian, a court is unlikely to overrule a patient's right to autonomy. It is inappropriate to apply the principle of implied consent to an unconscious patient who has explicitly made their denial of consent known while they were conscious.

### NEW QUESTION # 432

A 42-year-old female slipped in a public restroom and was found unconscious. She was transported to the emergency department. She was intubated for a Glasgow Coma Scale (GCS) score of seven and admitted to the ICU.

A GCS score of seven is an indicator of:

- A. severe head injury**
- B. decreased Level of Consciousness (LOC)
- C. motor impairment
- D. concussion

**Answer: A**

Explanation:

GCS scores range from three to 15, with 15 indicating a patient that is alert, fully oriented, and following commands. As the GCS score decreases, the probability of poor outcome increases.

Severe head injury is indicated by a Glasgow coma score of three to eight or a score that deteriorates to a score of eight or less.

While decreased LOC will result in a lower GCS, a GCS of seven may be possible while the patient still has spontaneous eye-opening and some verbal response, indicating consciousness.

Behavior Score

Eye Opening (E)

Spontaneous 4

To verbal stimuli 3

To pain 2

None 1

Motor Response (M)

Obeys commands 6

Localizes pain 5

Withdraws to pain 4

Abnormal flexion 3

Extensor response 2

None 1

Verbal Response (V)

Oriented 5

Confused 4

Inappropriate words 3

Incomprehensible sounds 2

None 1

\*Coma score = E + M + V

#### NEW QUESTION # 433

Of the following cardiovascular conditions, which is associated with pulmonary arterial hypertension (PAH)?

- A. Chronic obstructive pulmonary disease (COPD)
- **B. Right ventricular failure**
- C. Valvular disease
- D. Superior vena cava syndrome

**Answer: B**

Explanation:

PAH is a progressive, life-threatening disorder of the pulmonary circulation characterized by high pulmonary artery pressures (mean >25 mm Hg) leading from the right side of the heart to the lungs. The increased afterload caused by pulmonary arterial hypertension (PAH) causes increased pressure within the right ventricle, leading to right ventricular failure (persistently high pulmonary artery pressure).

#### NEW QUESTION # 434

A patient is intubated with severe fibrosis due to their mechanical ventilation. The critical care nurse recognizes that the patient will never be successfully weaned from the ventilator and is very unlikely to survive. The patient has expressed a desire not to be on long-term life support. The patient's wife would like everything possible done to prolong the patient's life. Which of the following statements made by the nurse to the patient's wife BEST embodies the concept of advocacy?

- A. You make the decision that you believe is best for him.
- **B. Discontinuing care in this situation is what he wanted.**
- C. He should be allowed to make his own decisions.
- D. We will act on his best interests by trying to help him recover.

**Answer: B**

Explanation:

Advocacy involves representing the patient's preferences and what is in their best interests. Autonomy involves promoting the patient's ability to make their own decisions, but a patient in this condition is unable to make their own decisions. Making futile efforts to help the patient recover is not in their best interests or consistent with their preferences. Advocacy means encouraging the surrogate to make decisions that are in the patient's best interest, not whatever decision they think is best without the nurse's guidance.

#### NEW QUESTION # 435

Which of the following is LEAST LIKELY to be a complication of immobility in the ICU patient?

- A. Infection
- B. Delirium
- C. Pressure injury
- **D. Fat embolism**

**Answer: D**

Explanation:

Fat embolisms are normally caused by fractures of long bones, not by immobility. While Venous Thromboembolisms (VTEs) are a major risk factor associated with immobility, fat embolisms are not.

Pressure injuries, infections, and delirium are all common complications of immobility.

#### NEW QUESTION # 436

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